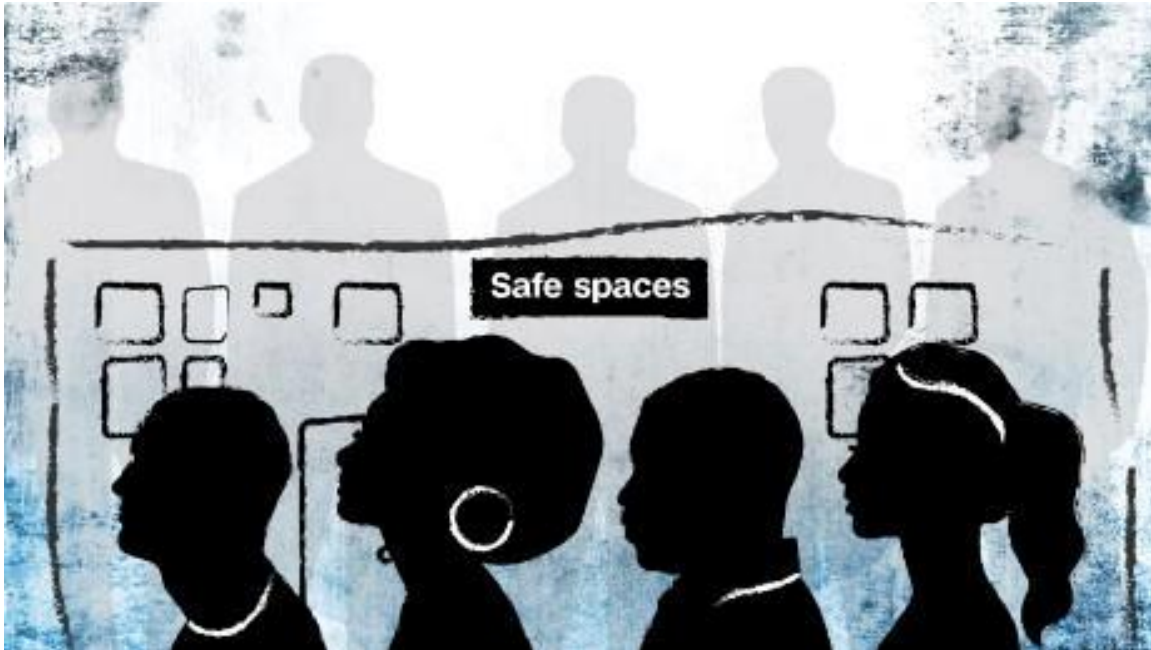


SAFE BLACK SPACE
A Community Healing Circle
By and For People of African Ancestry to Promote
Community and Personal Healing



Saturday, April 7, 2018 from 1:00 p.m. – 3:30 p.m. FREE
Unity of Sacramento: 9249 Folsom Blvd, Sacramento, CA 95826

Racially, these are trying times that weigh on our hearts, minds, and spirits and coming together in community can provide some sense of safety in this increasingly hostile world. For Black people in particular, incident after incident, including the recent killing of Stephon Clark can cause race-based trauma and stress (having trouble sleeping? feeling anxious? angry?) If you identify as a person of African ancestry and have been impacted by the recent police shooting, register for this free event at:

<https://www.eventbrite.com/e/safe-black-space-a-healing-circle-by-for-people-of-african-ancestry-tickets-44809573641>.

It will be a safe space in which Black people can unburden themselves; share their feelings, concerns, fears, and hopes; understand the root causes of their challenges; and work on personal and community healing. Circle facilitators will include African American Mental Health Providers, Community Advocates and Faith Leaders from Unity of Sacramento and Sac ACT.

To learn more contact Dr. Kristee Haggins dr.kristeehaggins@gmail.com or (916) 397-3939.